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PDI, Inc. to Hold First Quarter 2009 Financial Results Conference Call on Wednesday, May 6, 2009

SADDLE RIVER, N.J. – (April 29, 2009) – PDI, Inc. (NASDAQ:PDII), a pioneer in providing contract sales and commercialization services to the biopharmaceutical industry, today announced that it will release its first quarter 2009 financial results on Wednesday, May 6, 2009 after the market close.

PDI will host an investment community conference call beginning at 4:30 p.m. Eastern time on May 6, 2009 to discuss these results and to answer questions.

To participate in the live conference call by telephone, please dial (866) 644-4654 from the U.S., or for international callers, please dial (706) 643-1203.

Those interested in listening to the conference call live via the Internet may do so by visiting the Investor Relations section of PDI's web site at <http://www.pdi-inc.com>. A replay will be available on the web site. A telephone replay will be available from 5:30 p.m. Eastern time on May 6, 2009 through 11:59 p.m. Eastern time on May 8, 2009 by dialing (800) 642-1687 (domestic) or (706) 645-9291 (international) and entering conference ID number 97282446.

About PDI

PDI provides commercialization services for established and emerging biopharmaceutical companies. The Company is dedicated to maximizing the return on investment for its clients by providing strategic flexibility, sales, marketing and commercialization expertise.

For more information, please visit the Company's website at www.pdi-inc.com.

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